

Sunny Hills E-News

9.10.2009

Parking Lot: Thank you for following our new parking lot procedures and being patient as we get everyone to school and back home safely. Please continue to help us have a safe and efficient system by:

- Driving slowly
- Using a parking space if you need to exit your vehicle to help your child load or unload
- Being courteous to merging vehicles, reversing vehicles, and pedestrians
- Use district transportation if it is available for your neighborhood

News from the Nurse Kim Rocco:

Important Health Information : There is still much buzz about **H191 flu**, and we have been preparing by performing extra wipe downs of schools with special new sanitizing machines, scheduling meetings with local government officials, convening our pandemic flu committee, and staying up-to-date with health agencies to make sure we are following best practices to keep everyone safe. At this point, health experts' [guidance is the same as in the spring](#) when H1N1's impact in schools was not any more severe than a regular flu strain: Monitor children every morning and keep them home if they are not feeling well, use good hygienic practices such as washing hands thoroughly and covering coughs, and keep informed through *official* websites such as [Seattle-King County Public Health](#) and the [Centers for Disease Control](#). During the year as any suspected or confirmed cases of H1N1 flu arise, we will work closely with health officials to develop an appropriate response and communication plan. While our fingers are crossed for a healthy start to school, we are ready for the usual sniffles and sneezes as well as anything more significant that may arise this particular cold and flu season.

Medication at School: Washington State Law and the Issaquah School District Policy require that schools have written authorization from a healthcare provider and parent on file yearly if a child needs to have medication administered during the school day. All medication must be in the original container if it is an over the counter medication, or in the original pharmacy container for prescription medications. Students are not allowed to carry drugs at school, so **all medication must be brought to the school office by the parent or guardian**. Medication forms are

available in the office or on the Issaquah School District Web Site under student health.

Parents of Students with Medical Concerns

If you are a parent of a student with a major medical concern (including life threatening food allergies or bee stings) that need to be addressed at the beginning of the school year, please contact Kim Rocco, School Nurse (Sunny Hills 837-7408 or Discovery 837-4042).

Medication for Emergency Planning – School Supply for 72 Hours

In the event of a major disaster such as a severe earthquake, schools may be responsible for the care of their students for as long as 72 hours. Parents of students taking various medications (i.e. insulin, anticonvulsants, mood stabilizers, cardiac medication) needed on a daily basis at home, need to consider providing a 72 hour supply for their child at school. Please contact Kim Rocco, School Nurse (Sunny Hills 837-7408 or Discovery 837-4042) to obtain a 72 hours medication form for this medication.

Communicable Disease: Students and staff with symptoms of communicable disease can spread the disease to others. The following are guidelines to help you determine when your child should stay home.

Keep your child home if he/she has any of these symptoms:

- **Diarrhea** - more than one episode in a 24 hour period
- **Vomiting** - within the past 24 hours
- **Rash** - body rashes not associated with heat, or allergic reactions to medications.
- **Drainage from the eye** - thick mucus and pus draining from the eye, eye crusted and difficult to open
- **Appearance/Behavior** - unusually tired, pale, lack of appetite, difficult to wake, confused, irritable.
- **Sore throat** - especially if associated with fever or swollen glands
- **Fever** - over 100 degrees F. orally. **Temperature should remain normal 24 hours before returning to school.**
- **Nasal discharge (yellow or greenish)** - Clear nasal discharge may signal a cold or it may indicate an allergic reaction especially if accompanied by watery eyes. Chronic sinus infections can cause a yellow or green nasal discharge and are not contagious. However, if your child's nasal mucus has a color and is accompanied by a fever and/or other symptoms such as coughing, sneezing, drowsiness, and a general sign of not feeling well, your child may

- be contagious and should remain at home until the symptoms subside. Call your doctor if you have any concerns or questions.
- **If you suspect your child has Chicken Pox**, please do not send them to school. Please alert the office immediately if your child/student has come down with the Chicken Pox. With several students at risk from Chicken Pox, this will ensure that appropriate communication takes place at school.

The most important thing you can do to prevent illness is for you and your child/student to wash your hands often!

Remember to keep the school office updated with new emergency and work numbers in case your child/student becomes ill at school!

New Student Lunch Groups: Students who are new to Sunny Hills will be invited to participate in a lunch group. Over the next several weeks, small grade level groups will be gathering with Heather Person (School Counselor) during their regular lunchtime. This will be an opportunity for new students to play games and get to know each other. Students will be invited to 2 lunches. Participation is optional. If you have any questions, please contact Heather Person at 425-837-7425 or personh@issaquah.wednet.edu.

VOICE Mentor Program (Volunteers Of Issaquah Changing Education):The VOICE Mentor Program is looking for community volunteers to work one on one with Issaquah students. These students are referred by teachers and counselors as needing extra support whether it is academic, social or emotional. The Volunteer commitment is one hour per week through the school year. The Volunteers work in the school setting in partnership with the school staff. ***Our volunteers routinely state that they make a strong bond with their student and “get more than they give.” We strive to make the students and mentors time together meaningful and valued.***

Placements are made based on the mentors' interests. Whether a mentor's passion is literacy, ESL students, math or another area, we have a place for you in Issaquah schools. **Please help us recruit your neighbors, friends, relatives or colleagues to become a mentor.**

For further information contact:

Susan Gierke, VOICE Mentor Director

E-mail: VOICE@issaquah.wednet.edu

Phone: 425-837-7139

VOICE is funded by the Issaquah Schools Foundation
In Cooperation with the Issaquah School District

First Day Packets: A huge thank you to all of you who have turned in your brown first day envelopes. We truly appreciate your efforts to get it back to us in a timely fashion. We are still missing quite a few, so if you haven't turned in your child's yet, please do so.

Puyallup Fair Tickets: Student tickets to the Puyallup fair are available in the office. Please stop by to pick up tickets for your kids if you plan to attend. The fair runs from September 11th - 27th.

From the Kitchen: Lunch and milk prices are the same as last year. \$3.00 for lunch which includes a milk, \$.50 for milk only. Students can charge up to two lunches, but are not allowed to charge milk. This means they must have money in their accounts in order to purchase milk. If your child runs out of money they will call you and leave a message that they need more money in their lunch account. This is simply a courtesy call; you do not have to run to school to bring money, simply send a check in the next day or put more money in on MyLunchMoney.com. We will be sure your child has lunch that day.

September Calendar of Events:

- 16 First Day for Bus Passes
- 17 PACE Fundraising Kickoff
- 24 Vision and hearing screening
- 24 Curriculum Night: FDK & AM Kinder & 1st 5:50 - 6:35
2nd & 3rd 6:40 - 7:25
4th, 5th & PM Kinder 5:00 - 5:45
- 28 Gift Wrap and Cookie Dough Fundraiser Begins

October Calendar of Events:

- 2nd Individual Pictures
- 5th Site Council Meeting @ 8:00 AM - Library
- 5th - 9th Annual Bus State Count Week. ** Please have your kids ride
the bus this week**
- 7th PTA Meeting @ 7:00 PM
- 26th - 30th Book Fair
- 26th & 27th Kindergarten Pumpkin Carving Nights

The Sunny Hills News

Sunny Hills Elementary
Principal Sarah White

www.sunnyhillspta.org
Volume 47, Issue 2

PTA EVENTS CALENDAR

September 17 th	PACE Fundraiser Launch
September 28 – October 9	Gift Wrap and Cookie Dough Fundraiser
October 7 th	PTA Meeting @ 7:00 PM

Thank You!

Thank you for making the first week of school a great one! Thank you to **Joan Kelly** and her fabulous band of bus greeters for getting our kids where they needed to go and thank you to all who attended our first PTA meeting. If you haven't turned in your PTA First Day Packet, please do by tomorrow, September 11th. *Ellen Owen, eowen23@comcast.net and Martha Swallow, martha.swallow@comcast.net Co-Presidents*

The PTA Needs YOU

We are still looking for a few people to serve on our #1 fundraiser of the year - the **Walk-a-thon**. We need two people to **co-chair concessions/dinner**. This position is a well oiled machine. The notebook for the job is well defined down to the #'s to call.

We are also looking for someone fun to handle **Spirit week** this year. Your responsibilities are just for 4 days leading up to the Walk-a-thon. You hang out with the kids in the mustang cafe lead trivia questions, fashion shows, contests, and maybe a little dancing. Also you go over the rules for the event.

Please contact katiereeves@comcast.net with any questions. Looking forward to hearing from you!

"Here's Looking at Art, Kids!"

There will be four Art Walks during the school year featuring the great artworks of Michaelangelo, Calder, and Chihuly. Students will learn about the artists and learn a critical thinking process for observing and expressing what they see. Art Docents will help them apply what they have learned during the Art Walks in their own classrooms through individual, relevant art projects. To top the program off, we encourage you to take your children to view the exceptional exhibits of our featured artists at the Seattle Art Museum and Tacoma Art Museum this year, and put your child's observational skills to the test!

Monica Rockwell and Gwen Dieker, Art Walk Chairmen

RockwellMonica@aol.com (425) 837-3636

gmdieker@yahoo.com (425) 391-5929

Logo Wear

Vote today for your favorite design. The two designs were attached to the order forms that came home last Friday, mark your favorite & hand in with your order. There are extra order forms in the office. The two designs are posted on the front doors of the office. Contact Sharla Allen at 206-947-3992 mjsjallen@msn.com.

Cartridge Recycle Program

Don't forget to bring in your used ink cartridges and ink toner cartridges to make money for the PTA. Also be sure and go to Cartridge World Issaquah to purchase new ones. Sunny Hills gets credit when you come in the store as well. Bring them to the collection bin is in the office. Donations are accepted all year. Contact Elaine Mintz at 425-557-8235 elaine.mintz@comcast.net for more info.